



VITAL

Veterans Integration to Academic Leadership



Providing eligible student veterans with:

- Free on-campus counseling and psychotherapy sessions
- Assistance with accessing VA Healthcare or other VA services
- Advocacy/Consultation with faculty or staff to support student veterans' academic performance and success



For additional information or to schedule an appointment, call: Nadine Shigezawa, Ph.D., 594-8039, or stop by the Office of Veteran Student Services in QLC 310

What is VITAL?

The Veterans Integration to Academic Leadership (VITAL) program is a partnership between the Department of Veterans Affairs and local universities and colleges across the country. The VITAL program is comprised of VA mental health professionals, who can assist both Student Veterans and their universities/colleges by providing or assisting with various services, resources, and support. VITAL's mission is to help Veterans achieve their academic and career goals.

To learn more please visit the VITAL webpage on the VA Campus Toolkit at: www.mentalhealth.va.gov/studentveteran



Student Veterans...
Yesterday's Warriors
Today's Scholars
Tomorrow's Leaders